

# No Bake Breakfast Cookies

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Adapted from: <https://www.iheartnaptime.net/breakfast-cookies/>

Yield: 8 Cookies

Total Time: 1 Hour 5 Minutes

Prep Time: 5 Minutes

## Ingredients:

- $\frac{3}{4}$  cup Peanut Butter
- 1 tablespoon Honey or Maple Syrup
- 1 teaspoon Vanilla
- 1-3 tablespoons Chia Seeds
- $\frac{3}{4}$  cup Old Fashioned Oats
- Extras – Chocolate Chips, Chopped Almonds, Raisins, Pumpkin Seeds

## Directions:

- i. Place the peanut butter, honey, and vanilla in a microwaveable bowl and microwave the ingredients for 20 seconds
- ii. Stir the mixture until well combined then add in the remaining ingredients.
- iii. Stir well and ensure everything is well incorporated.
- iv. Roll the mixture into 8 balls and place the balls on a baking tray lined with parchment paper. Press the balls flat slightly and place them in the fridge for at least an hour.
- v. Store them in an airtight container in the fridge for up to two weeks.



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