

**Sun God says**   
**GET THE FLU VACCINE**

<b>At Student Health - Jost B</b>	<b>At The Zone - JC Plaza</b>
Oct 16: 9:00am-3:00pm	Nov 10: 11:00am-3:00pm
Oct 19: 9:00am-3:00pm	Nov 13: 11:00am-3:00pm
Oct 22: 9:00am-3:00pm	Nov 16: 11:00am-3:00pm
Oct 25: 9:00am-3:00pm	Nov 19: 11:00am-3:00pm

Walk-in, no appointment needed  
 Injectable or intranasal spray

**STUDENT HEALTH**  
 1000 University Ave  
 San Diego, CA 92161  
 619.594.2100

**GET VACCINATED** Influenza is the early respiratory virus preventable by vaccination.

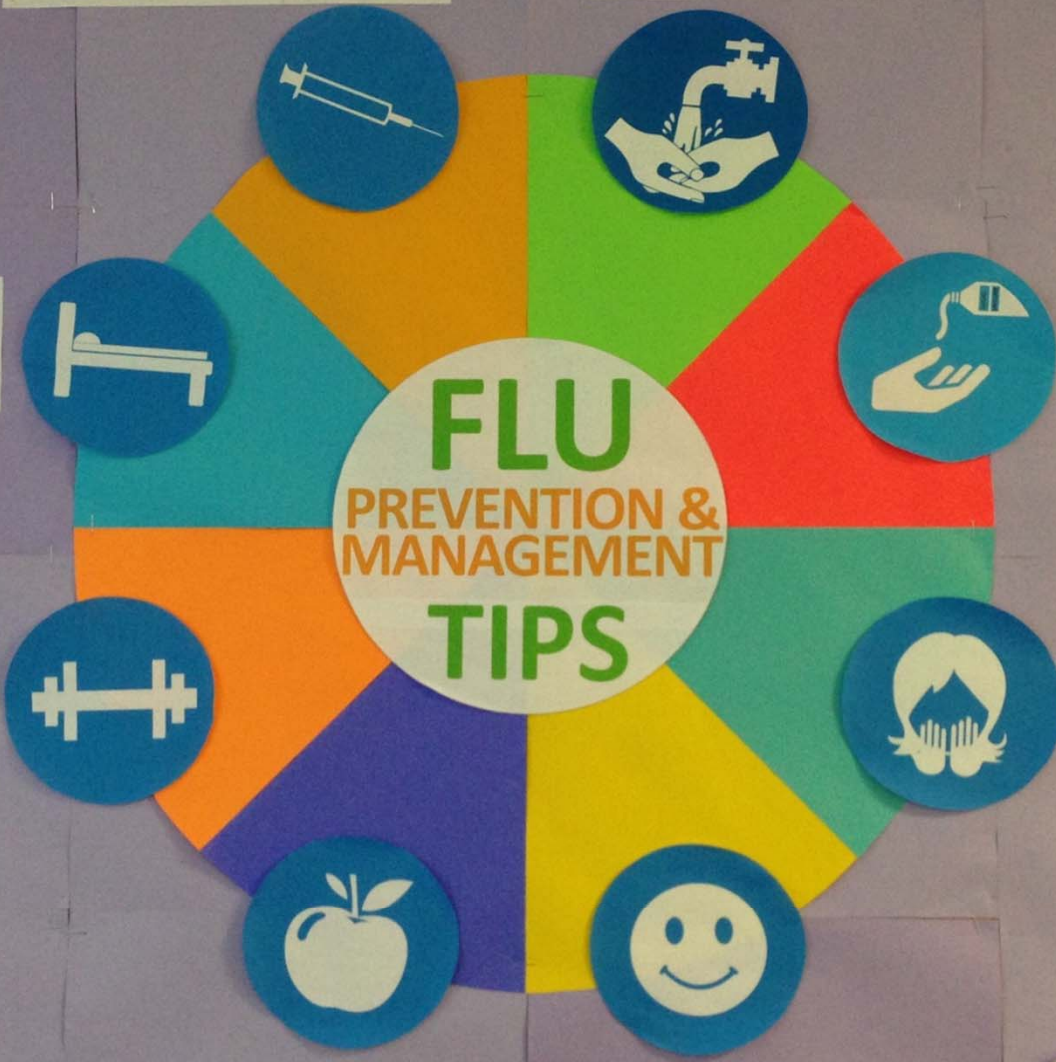
**WASH YOUR HANDS**  
 Wash them often with soap and water.

**STAY HOME** Stay home for a full 24 hours after your fever goes away.

**KEEP SANITIZER CLOSE**  
 Use it often and tell those around you to do the same.

**EXERCISE** It boosts your immune system and speeds recovery from illness.

**DON'T TOUCH YOUR FACE**  
 This is the easiest way for germs to get into your body.



**EAT WELL** Eating healthy, balanced meals can strengthen your immune system.

**SMILE** Studies show that smiling can help boost your immune system.

Brought to you by  
**Student Health Advocates**  
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