

After You've Been To The Emergency Room...

A visit to the Emergency Room usually results from a health-related and/or personal emergency. As a UCSD student you have access to campus resources that can assist you in resolving remaining problems after you leave the emergency room. Please use them as needed to assist with health-related, personal or academic problems that might occur due to an emergency.

Student Health Services (SHS). 858 534-3300. <http://studenthealth.ucsd.edu>. If you need additional health care, follow the advice of the Emergency Room healthcare providers. You may be directed to UCSD Student Health Services (SHS) for follow-up care. Call 858-534-8089 for a same or next day appointment, at no charge. If your symptoms are worsening, or if no appointments are available, you may walk-in to SHS for an urgent visit (a co-pay will be charged). If you have SHIP, and the Emergency Room providers recommend that you see an off-campus specialist, you must be make an appointment at SHS to obtain a referral in order for your insurance to cover the specialist visit (see insurance information below).

Student Health Insurance Plan (SHIP). The majority of students have SHIP insurance. If you are unsure of whether you have SHIP or not, you can call the Student Health Insurance office to find out (534-2124). SHIP includes coverage for emergency services when you visit an Emergency Room. You will be responsible for the plan year deductible (if not already satisfied), co-pay and co-insurance, if applicable. If you need additional non-emergency off-campus health care and you wish coverage by SHIP (within policy limitations) then you must obtain written referral from Student Health Services or, for mental health care, from Counseling and Psychological Services (CAPS), prior to services being rendered. Therefore, you should make an appointment at SHS or CAPS to be evaluated and referred if necessary. Please refer to the SHIP brochure for complete details regarding benefits for eligible services, referral and pre-certification requirements.

If you have waived out of the SHIP insurance and have other health insurance, please follow your own health insurance procedures to access off campus care if recommended by the Emergency Room healthcare providers. If you are directed to SHS for follow-up care, you have access to this service as noted above.

Student Affairs Deans. The Deans of Student Affairs are committed to your overall well being on campus. If you have personal and academic problems that result from the circumstances surrounding your emergency room visit, your Dean can help connect you to people on campus who can assist you. They can advocate for you within the university system and explain how to request an adjustment to your academic obligation in a quarter where you had an emergency. If you are not sure what to do or whom to contact on campus, start with your Dean. The graduate school telephone numbers are for individuals or offices that function in a student affairs capacity although their titles may differ. Telephone numbers are:

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| Revelle College | 534-3493 | Muir College | 534-3587 |
| Marshall College | 534-4390 | Warren College | 534-4731 |
| Roosevelt College | 534 2237 | Sixth College | 822-5953 |
| Graduate School | 534 3871 | Medical School | 534-3700 |
| School of Pharmacy | 822 4900 | Rady School | 822-6461 |

Residential Life. If you are living on campus, please check-in with Res Life staff after an Emergency Room visit, so they know that you are safe and have returned to campus. The staff includes your Resident Advisor, Housing Advisor or one of the Resident Deans. Residential Life staff can assist you in resolving problems related to your on-campus living environment. They can also help you access other campus resources.

Counseling and Psychological Services (CAPS). 858 534-3755.

<http://psychservices.ucsd.edu>. CAPS provides counseling and mental health services for students. Therefore, if your emergency is of a personal or psychological nature, please call for a follow-up appointment with CAPS so that we can help you with any remaining problems that were not resolved by the ER visit. The exception would be if you were previously under the care of an off-campus mental health provider. In that case, call that provider for a follow-up appointment instead. If you have seen a CAPS psychologist before, please contact that psychologist directly for a follow-up appointment. You can call our central office to get your psychologist's telephone number. Also, if you believe you need a SHIP referral for an off-campus mental health provider, please call CAPS for an appointment.

Office for Students with Disabilities (OSD). 858 534-4382. <http://osd.ucsd.edu>. If you have a temporary or permanent physical or psychiatric disability, OSD can assist you with accommodations. Medical documentation is needed before a disability can be certified and accommodations provided.

Sexual Assault & Violence Prevention Resource Center (SARC). 858 534-5793.

<http://sarc.ucsd.edu>. Students who are at the Emergency Room because of a sexual assault should contact SARC for support, counseling and other follow-up assistance. Staff members are available to provide accompaniment to police and court proceedings.

7/10/08