Well-being Cluster Student Advisory Board Minutes  
Meeting Agenda

Fall 2017 | Week 4 | October 23, 2017 | 5:00PM – 6:00PM @ Murray’s Place Conference Room (SHS)  
Co-Chairs: Revati Rashingkar (rrashing@ucsd.edu) & Samantha Madala (samadala@ucsd.edu)

I. Introduction  
   a. Icebreaker (What is your favorite thing to do outside of school/hobby)

II. Public Input  
   a. no public input

III. Presentations and Discussion  
   a. Triton Pavilion and New Possible Wellness Center Presentation  
      Karen Calfas, Executive Director  
      i. Gateway building/ triton pavilion planning  
         1. want the space to have all wellness programs united and collaborating  
            a. want to move CAPS central office to wellbeing center-room for new staff but still have psychologists close to all the colleges  
            b. integrate mental health and primary care  
            c. more room for primary care services  
               i. possibility of one mental health caregiver in each primary care group  
            d. PT and expand sports medicine  
            e. dentistry  
            f. expand the Zone- more programs offered, specific equipment to support those programs, meditation garden, private consultation areas  
         2. Limited parking spaces will be available underground  
         3. Quick care health center for faculty and staff possibly also in building  
         4. a student wellbeing center to accommodate growing student body's needs including a bigger Zone space  
            a. Current Zone is a proof of concept-- make sure students know about different services/programs available to them and encourage them to try new things  
            b. main complaints: not big enough a space; faculty also want to be able to use it  
         5. Taylor Design helped determine how much space we would like to have for each department/facility we want to have  
         6. UCSD projected to grow to around 40,000 students
7. THINK ABOUT and TALK TO YOUR CONSTITUENTS ABOUT:
   a. what services you would you like to see in the wellbeing center?
   b. can these services be shared with faculty and staff?

IV. Unfinished Business
   a. n/a

V. New Business
   a. Sub-Committee Updates
      i. Student Health Insurance Plan (SHIP)
         1. EOB meeting last week
            a. Hep A discussion
            b. Lookout Mountain Group- nonprofit advocating for medical access for college students
            c. Anthem has stopped issuing physical IDs, now ID is on phone- need to ask for a card now
            d. Lactation consultant vs educator for new mothers-access through SHIP is questionable at the moment (UCSD has a lactation consultant in network)
            e. Step therapy medications- could be more barriers to get certain medications
            f. requested a data security audit from Anthem
            g. Transgender services- SHIP covers some but not all
            h. SHIP money surplus- give it back to students or use as safety net?
   b. Department Updates
      i. SHS
         1. more flu clinics still happening in november
         2. tdap also at flu clinics
         3. flu vaccine for not cost even for waived students
      ii. Fitlife
         1. Scavenger hunt by fitlife rec, 10/31 - 1 PM to 4 PM
            a. google form to sign up by yourself or in teams
            b. pinata as a prize
      iii. Zone
         1. UCSD CCR certified Well-being Leadership Award program focusing on the facets of wellbeing
         2. Tea and Paint Night
         3. Flu clinic nov 3, 7
            a. 11:30a-4p
   c. Student Representative Updates
      i. SHA
1. Condom Bar next week
2. Sex Health info sessions: see schedule at sha.ucsd.edu
3. Fitness Assessments and other services have also started: see schedule at sha.ucsd.edu

d. Active Minds
   1. tabling with Circle K- profits from Mball going to org

VI. Reminders
   a. Action Plans
      i. Send any agenda items to Sam Madala (samadala@ucsd.edu)
   b. Reminders
      i. Future WCSAB & SHIP Meeting(s): Fall Quarter 2017
         1. SHIP Sub-committee Meeting Times: 4:00PM – 5:00PM
         2. WCSAB Meeting Times: 5:00PM – 6:00PM
            (Week 6) Monday, November 6, 2017 @ Murray’s Place
            (Student Health Services Conference Room)