Well-being Cluster Student Advisory Board | Meeting Agenda

Fall 2019 | Week 3 | October 14, 2019 | 5PM – 6PM @ Murray’s Place Conference Room (SHS)
Chair: Revati Rashingkar (rrasing@ucsd.edu)

I. Introductions
   Icebreaker: Intros

II. Public Input

III. Presentations and Discussion

IV. Unfinished Business

V. New Business
   A. Sub-Committee Updates
      1. Student Health Insurance Plan (SHIP)
         a) next meeting UC wide tues 10/15
            ○ motion for change language so same sex couples can get
              coverage for their partners (change from 60+ yo to 18+ yo)
               (a) 858 534 3300 advice nurse
                (i) can call even without ship
                (ii) live help online (telemedicine/telepsychology for
                     ship plan benefit)
                (iii) they don’t prescribe narcotics or stims

   B. Student Rep Updates
      1. SHA
         a) american cancer society thurs of nov 21st event
         b) shs all med records being transferred to mycharts, want to
            encourage students to sign up for it
      2. use fb group or slack?
      3. Zone (Zarah rubio)
         a) financially savvy
            ○ odd weeks tues 330- 430
         b) campus to career
            ○ even weeks tues 330 - 430
            ○ want to merge to create an adulting series/ life skills for after
              graduation or money or doing taxes
         c) uc ship info workshop
            ○ oct 29th
         d) budgeting for college students
            ○ 10/15
         e) opened registration for wellbeing leadership award
            ○ students attend 30 min orientations before participating so
              more finish the award
C. Department Updates

1. Lana Talampas (HPS)
   a) hps provides edu on diff topics- want feedback from students on design
   b) a lot of new staff members
   c) hiring new director soon
   d) ecigs: dont use scare tactics on your friends; hps offers a lot of education programs about smoking and ecig info in general
      ○ how to quit smoking/ smoking cessation guide and aids available

2. Dr. San Miguel (SHS)
   a) couple students transferred to ER at ucsc bc what they were vaping put them into overdose conditions
      ○ pulmonary issues
      ○ affecting 17yo and older; esp if people are vaping cannabis
   b) new medical record system
      ○ info on record system can only be seen in ucsd health before
         (a) new system has care everywhere feature so student health can see records from outside providers by asking if that provider also uses epig
         (b) no one can see inside sd health except ucsd doctors and no one can access caps record
      ○ ongoing flu clinics
         (a) asking students if they would be ok sharing their flu vaccination records with san diego immunization registry so other san diego providers can see your vaccination record if needed
   c) new health fee waiver review system
   d) want feedback on services for all students and if there are basic things they can help cover with or without ship
      ○ example: currently trying to make STI testing more affordable and accessible

3. Dr. Reina Juarez (CAPS)
   a) hired 2 more psychologists
   b) hiring more social care workers for telephone assessment
   c) started single session therapy
      ○ trying to incr availability of these

VI. Reminders

A. Action Plans

1. Send any agenda items to Revati Rashingkar (rrashing@ucsd.edu)
B. Reminders

1. Future WCSAB & SHIP Meeting(s): Fall Quarter 2019
   Monday 10/28 | Wednesday 11/13 | Monday 11/25
   a) SHIP Sub-committee Meeting Times: Mondays, 4:00PM – 5:00PM
   b) WCSAB Meeting Times: Mondays, 5:00PM – 6:00PM