Well-being Cluster Student Advisory Board - 10/9/17 - Meeting Minutes

I. Introduction
   a. Icebreaker (tell us about you & your department)

II. Public Input
   a. No members of the public present at the meeting

III. Presentations and Discussion
   a. Review bylaws

   b. Student Health & Well-being Cluster Presentation
      Karen Calfas, Executive Director
      i. Provided overview of Well-being Cluster mission statement, leadership at Student Health, 8 dimensions of well-being, community health goals, wellness organizations at UCSD (CAPS, WPE program, SHS, HPS, SHA program, The Zone)
         1. Hope to focus on financial aspects of UCSD mental health resources next quarter
         2. Healthy campus network - aims to improve community health, targeting both students and faculty/staff
         3. Prospect of building a student wellbeing center on campus
            a. Aims to integrate mental and physical health, CAPS and SHS in the same location -- the Triton Pavilion (to be built next to Center Hall)
               i. More updates to come at future meetings, not an official plan and needs to approved by the Regents
               ii. Aim to move into the new building in 4 years

IV. Unfinished Business

V. New Business
   a. Sub-Committee Updates
      i. Student Health Insurance Plan (SHIP)
         1. Main goal for this fall quarter is to propose plans for what should be covered and suggest how premiums/copay will be affected

   b. Department Updates
      i. Update from Dr. Stacy San Miguel (SHS)
         1. Flu vaccine clinic was successful, there will be more flu clinics over the next few weeks, both influenza and TDAP vaccine will be provided
2. Encourages practicing good hygiene to prevent further spread of the Hepatitis A outbreak
   a. LGBT population may be at a slightly elevated risk for Hep A
   b. Recommends Hep A vaccination if frequently exposed to water around San Diego
3. UCSD Urgent Care and Student Health Services are both prepared to diagnose and address Hepatitis A symptoms/concerns
   c. Student Representative Updates
      i. Active Minds has presented to two TA groups, open to presenting to other academic groups
      ii. SHIP representative - suggests bringing events from main campus to Scripps for grad students to explore wellness resources such as therapy fluffies at the Zone
      iii. Neeja Patel, RCC rep - barbeque event is coming up soon, combination of wellbeing event and a way to get to know the council

VI. Reminders
   a. Action Plans
      i. Send any agenda items to Revati Rashingkar (rrashing@ucsd.edu)
   b. Reminders
      i. Future WCSAB & SHIP Meeting(s): Fall Quarter 2017
         1. SHIP Sub-committee Meeting Times: 4:00PM – 5:00PM
         2. WCSAB Meeting Times: 5:00PM – 6:00PM
            (Week 4) Monday, October 16, 2017 @ Murray’s Place
            (Student Health Services Conference Room)