



Signs of Drug Overdose

	Stimulant	Depressant/Opioid	What to Do
FACE	Hot and dry	Clammy and pale	<p>Call their name, try to get a response from them. Don't assume they are asleep</p> <p>If you can't get a response, then put them on their side and Call 911.</p> <p>Stay with them, keep an eye on them, and assure them that everything will be okay.</p> <p>If stimulants are involved they may feel hot, anxious or agitated. Try to make the place quieter, cooler while you wait for help.</p>
BODY	-Sharp rise in temp. and blood pressure -Dizzy, cramps -Vomiting -Hot, anxious, agitated, -Seizure possible	-Limp, unable to walk -Floppy arms and legs -Fingernails or lips have a blue/purple tinge - Vomiting, Gurgling -Can't speak clearly	
SLEEP	Can't sleep	-So deep they can't be woken -Snoring loudly, and can't wake up	
BREATHING	- Very rapid	- Is very slow or faint -Difficult	
HEARTBEAT	- Very rapid -Palpitations	- Very slow or faint	
DEMEANOR / HOW THEY ARE ACTING	Agitated, high energy	Out of It	
<i>BOTTOM LINE</i>	<p>There is no one set of behaviors indicating a drug overdose; different drugs have different affects. Mixing alcohol with drugs can change the symptoms and dramatically increase the risk and danger of overdose.</p> <p>If you observe any symptoms or behaviors that cause concern, are out of character, or become more pronounced, don't talk yourself out of your concern... call 911. In a medical emergency, action taken in those initial hours could make a difference.</p>		

To speak with a Health Educator, call (858) 534-3874.