This drop-in forum is for all South Asian identified students, including South Asian International & Desi American students pursuing their undergraduate, graduate & professional degree at UCSD. Join us to discuss the following topics, and to learn from each other:

Week 2 (4/9): Love & Relationships (i.e, dating, arranged marriages)

Week 4 (4/23): Unfair & Lovely: Colorism in South Asian culture

Week 6 (5/7): Stress Management: A crucial tool to academic success!


Facilitated by: Niyatee Sukumaran, Ph.D.

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This forum is NOT counseling/psychotherapy. If you would like counseling, please call CAPS at (858) 534 3755.