

SOUTH ASIAN & DESI FORUM



SPRING 2018 • WEEK 2 - 9 • 4 - 5 PM

LOCATION: SIXTH COLLEGE, MAIN CONFERENCE RM

This is a supportive drop-in forum for South Asian (International & Asian American) and Desi- identified students earning their undergraduate, graduate & professional degree. Join us for conversations each week & build community:

4/10: Culture, Gender & Patriarchy

4/17: Dating, Love & Relationships

4/24: Gender, Gender Roles & Heteronormity in South Asian culture

5/01: Self-care & Compassion: Improve your Well-being

5/08: "Unfair & Not Lovely": Colorism in South Asia

5/15: Coping with setbacks: Redefine Failures into Success

5/22: Life post-college (e.g., graduate school, jobs, OPT)

5/29: Being South Asian in Today's USA



Facilitated by: Niyatee Sukumaran, Ph.D.

(858) 534-9057

<https://caps.ucsd.edu/groups.html>

This forum is NOT counseling/psychotherapy. If you would like counseling, please call CAPS (858) 534-3755.

