

# Lift the Mask

PORTRAITS OF LIFE WITH MENTAL ILLNESS

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The "Lift the Mask" documentary tells the harrowing, hopeful stories of six individuals living with behavioral and mental health diagnoses. From the onset of symptoms and the quest for a diagnosis to managing the subsequent treatments and medications, the film's subjects frankly discuss the most difficult and traumatic moments of their journeys.

Sponsored by the International Bipolar Foundation and hosted by Tritons Flourish and UC San Diego Counseling and Psychological Services, this event kicks off UC San Diego's "May is Mental Health Month!" This event is free for UCSD students, food and beverages will be provided.

**Wednesday 5/1**

5:30-7:30 p.m.

UC San Diego-Student Services Center | Multi-Purpose Room  
9500 Gilman Drive  
La Jolla, CA 92093

[\*\*REGISTER NOW\*\*](#)