WINTER 20: CAPS OFFERINGS FOR SCHOLAR ATHLETES

tuesdays

Emerging Leaders Workshop
w/ Dr. Rhonda Hackshaw
Tuesdays, 11:00-12:30, Location TBA
Contact Dr Hackshaw if interested! 858-534-5981

Drop-in and Let's Talk
w/ Dr. Sam Park, CAPS
Tuesdays, 12:00-1:00
Dugout Conference Room: Weeks 1-4, 6, 8, 9
Triton Conference Room: Weeks 5, 7, 10, Finals
no appointment necessary!

fridays

Advanced Leadership Roundtable
w/ Dr. Rhonda Hackshaw
Fridays, 11:00-12:30, Location TBA
Contact Dr Hackshaw if interested! 858-534-5981

daily

Caps Daily Drop-In Groups
caps.ucsd.edu/dropin
Just drop-in – no appointment necessary!

Caps Daily Drop-In Groups, Workshops, and Let’s Talk are open to all currently registered UCSD students and scholar athletes. These workshops are not professional counseling or psychotherapy. If you would like counseling, please call the CAPS central office at 858 534 3755 for a SPORT appointment.