



Sprinkles Cupcakes & CAPS

Monday 2/11, 6pm-7pm
@ Coast Community Room

Practice self-care by indulging your sweet tooth and learning about UCSD's Counseling and Psychological Services (CAPS). A graduate representative from CAPS will speak about the importance of mental and emotional health and resources for graduate students. Cupcakes from Sprinkles will be provided.



Brought to you by your Coast Community Assistant & CAPS



For more information regarding this event, please contact hdhconnect@ucsd.edu

If you require any accommodations to participate in this event, please contact hdhconnect@ucsd.edu no later than two weeks in advance of the event.