

connect



Graduate & Professional School Students of Color Forum

Join us to connect and discuss experiences as graduate students of color. This forum will provide a supportive space to discuss topics from a multicultural lens, including:

- stress management
- well-being
- communication with advisor(s)
- imposter syndrome
- family responsibilities
- relationships (romantic or social)
- sociopolitical climate
- experiences of discrimination
- and more!

Spring 2019
Drop In Tuesdays 1 - 2 pm
4/9, 4/23, 5/7, 5/21
GSA Grad Lounge
Original Student Center
(by Triton Food Pantry &
Art of Espresso)

Facilitated by:



Dr. Niyatee Sukumaran
CAPS Psychologist
(858) 534 - 9057

<https://caps.ucsd.edu/groups.html>



This meeting is not professional counseling.
If you would like professional counseling or mental
health treatment please call CAPS central office at
(858) 534 - 3755 to arrange an appointment.