

Couples Workshop



4 session workshop to help you:

- Get off to a good start in a new relationship.
- Enrich an already good relationship.
- Work through difficulties.
- Resolve long-standing conflicts.
- Repair trust in your relationship.
- Decide about continuing your relationship.

enrich. resolve. repair.

Dates: TBD (Spring Quarter)

For more information please contact:

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Sign up at caps.ucsd.edu/signup

This meeting is not professional counseling. If you would like professional counseling or mental health treatment please call the CAPS central office at 858 534 3755 to arrange an appointment.



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